

# CHATTANOOGA ■ I M A G I N G

(423) 553-1234

Your appointment is scheduled for: Date \_\_\_\_\_ Time \_\_\_\_\_

Type of exam \_\_\_\_\_ Ordering physician \_\_\_\_\_

Diagnosis \_\_\_\_\_

Copy of report sent to \_\_\_\_\_

Thank you for choosing Chattanooga Imaging. The following information will assist you in understanding your diagnostic procedure.

## Myelography

### ***What Is Myelography?***

A myelogram is a procedure used to help diagnose the cause of spinal problems by injecting a contrast agent into the spinal canal to make various tissues more easily visible to the radiologist. A myelogram facilitates more accurate diagnosis of your condition and aids in treatment recommendations.

### ***What To Expect***

A myelogram takes about 45 minutes. A local anesthetic is used to numb the area prior to the insertion of a needle into the spinal canal. The needle is then used to inject a contrast agent containing iodine. We use the safest non-ionic contrast material available in the lowest doses possible for diagnosis. After the myelogram, we use computerized tomography (CT) to further study the spine and focus on areas of concern to your physician.

After your myelogram and CT you will remain at our facility for about 90 minutes to ensure that there are no complications with your exam.

The radiologist or technologist will answer any questions you may have before starting your procedure.

### ***Patient Preparation***

If you are currently taking any type of blood thinners, you must stop taking them for 3 days before your exam. Be sure to speak with your physician before discontinuing any medication. If you are currently taking any type of antidepressant or antipsychotic medications, you must stop taking them the day of your exam and for 24 hours after the exam. We suggest that you eat a light breakfast, as you will be lying face down during the procedure. You must bring a driver with you to the exam.

If you have any questions about your myelogram, please call us.

**Thank you for choosing**  
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